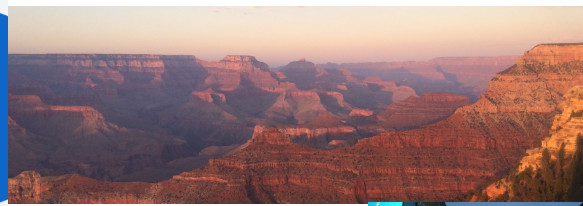




# BowtieGuyMD



## 6 Tips for Traveling like an Adventurer

### #1 Always Ask

Without asking nothing is possible. Worst case the answer is no and you have to figure out a way around it. Without asking you will always be wondering "what if" and miss opportunities of a lifetime!

### #2 Act the Part

You will be surprised how much acting like you belong somewhere will get into unexpected places and get people to look the other way. Then again when you want someone to help you, then by all means act like a lost tourist!

### #3 When in Doubt, Go for It!

As long as it's legal, when in doubt do it. Whether you are uncertain because of novelty or fear, just remember it won't kill you and who knows, what if unfortunately you die tomorrow.

### #4 Say Hi to All

You never know who you will meet and how they can help you. Often times free food, lodging and insider tips come from the most unexpected places.

### #5 Step Outside Your Comfort Zone

It's all in your head. Comfort is defined by what you are exposed to and used to. Whatever it is that scares you think about the person leading the experience. Does it scare him/her? No, because they are used to it. So you can become used to it too.

### #6 Do the Free Stuff

It's not free because it's cheap. More often than not the free stuff is great and you meet the right people. Volunteers often run free stuff and are great resources.

